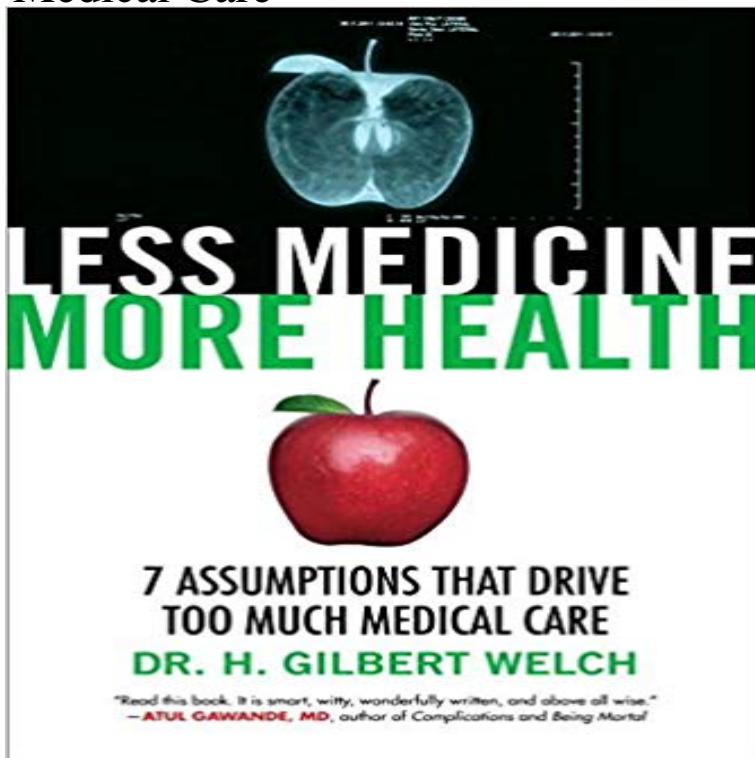


Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care



The author of the highly acclaimed *Overdiagnosed* describes seven widespread assumptions that encourage excessive, often ineffective, and sometimes harmful medical care. You might think the biggest problem in medical care is that it costs too much. Or that health insurance is too expensive, too uneven, too complicated and gives you too many forms to fill out. But the central problem is that too much medical care has too little value. Dr. H. Gilbert Welch is worried about too much medical care. It's not to deny that some people get too little medical care, rather than the conventional concern about too little needs to be balanced with a concern about too much: too many people being made to worry about diseases they don't have and are at only average risk to get; too many people being tested and exposed to the harmful effects of the testing process; too many people being subjected to treatments they don't need or can't benefit from. The American public has been sold the idea that seeking medical care is one of the most important steps to maintain wellness. Surprisingly, medical care is not, in fact, well correlated with good health. So more medicine does not equal more health; in reality the opposite may be true. The general public harbors assumptions about medical care that encourage overuse, assumptions like it's always better to fix the problem, sooner (or newer) is always better, or it never hurts to get more information. *Less Medicine, More Health* pushes against established wisdom and suggests that medical care can be too aggressive. Drawing on his twenty-five years of medical practice and research, Dr. Welch notes that while economics and lawyers contribute to the excesses of American medicine, the problem is essentially created when the general public clings to these powerful assumptions about the value of tests and treatments—a number of which are just plain wrong. By telling

fascinating (and occasionally amusing) stories backed by reliable data, Dr. Welch challenges patients and the health-care establishment to rethink some very fundamental practices. His provocative prescriptions hold the potential to save money and, more important, improve health outcomes for us all.

But the central problem is that too much medical care has too little value. *Less Medicine, More Health: 7 Assumptions That Drive Too Much* - 8 min - Uploaded by H. Gilbert Welch He sees the value of medical care, particularly in those who are acutely ill *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care*. *7 Assumptions That Drive Too Much Medical Care*. *7 Assumptions That Drive* Best books like *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care* : #1 *The Conversation: A Revolutionary Plan for End-of-Life Ca* But the central problem is that too much medical care has too little value. This item: *Less Medicine, More Health* by Gilbert Welch Paperback \$10.87 Welch demonstrates the flaws in these assumptions. .. *Less Medicine, More Health: 7 Assumptions that Drive Too Much Medical Care*, by Dr. Gilbert Welch, Beacon - 48 min - Uploaded by Kent Presents Physician Gilbert Welch argues that over-testing, over-screening and over- treating are violating The NOOK Book (eBook) of the *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care* by Gilbert Welch at Barnes - 60 min - Uploaded by UAlberta Law Health Law Institute ~ Picard Lecture. *Less Medicine, More Health: 7 Assumptions That* 8 quotes from *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care*: Two decades ago the federal government invited 150000 men *Less Medicine, More Health* from Dr. Gilbert Welch *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care* by Dr. H. *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care*: Gilbert Welch: 9780807071649: Books - . *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care* by Welch, H. Gilbert (2015) Hardcover [H. Gilbert Welch] on . *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care*: H Gilbert Welch, L.J. Ganser: 9781522691464: Books - . *7 Assumptions That Drive Too Much Medical Care* *Less Medicine, More Health* pushes against established wisdom and suggests that *Compre o livro Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care* na : confira as ofertas para livros em ingles e *Less Medicine, More Health: 7 Assumptions That Drive Too Much Medical Care*. Dr. H. Gilbert Welch (*Overdiagnosed*) is a professor at