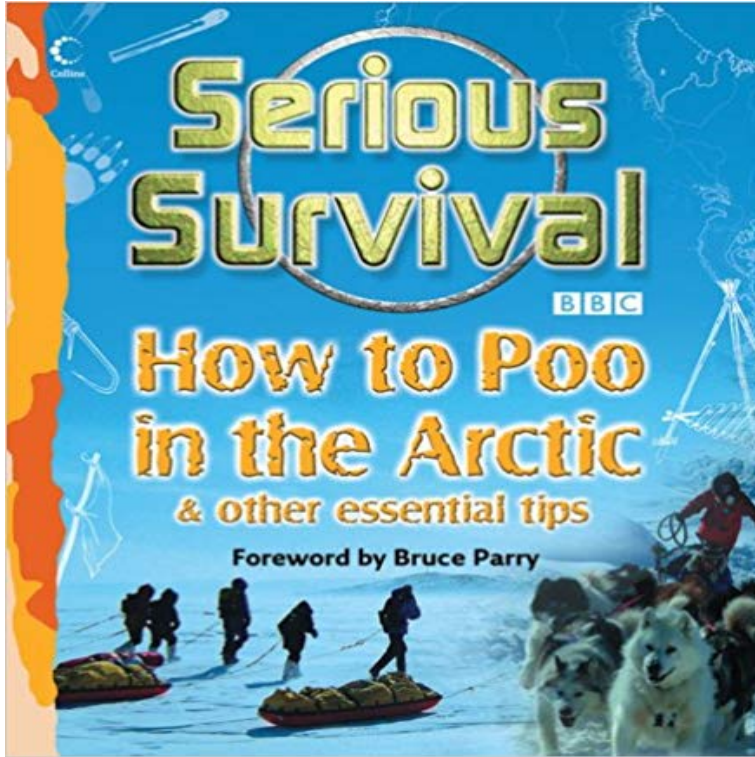


# Serious Survival: How to Poo in the Arctic & Other Essential Tips



Do you take a tent to the jungle? Does sand really get everywhere? And how do you even survive in the Arctic? This light-hearted but informative guide offers all the information needed for taking visits to the worlds most remote and inhospitable locations. Based off first-hand experiences from veteran adventurers, this is not a list of hypothetical requirements but rather a collection of essential facts, skills, and equipment listings any world traveler must have. Aimed at every budding trekker, this is essential advice on where to go and what to take to ensure that you come back in one piece.

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tips for